

# September 2025 | Greenwood Senior Center Lunch | (206) 297-0875

Meals are prepared from scratch daily. Lunch is served at 12:00p.m. To help ensure lunch availability for all GSC Community Dining participants, please call or sign-up BEFORE 11:00a.m. each day of service. Meals are subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<b>CLOSED FOR LABOR DAY</b>	Chicken Tortilla Soup Corn, Monterrey Jack Cheese, Onions  Sour Cream, Lime, High-fiber Tortilla Chips  Organic Salad Fresh Fruit	Chicken Salad Wraps With Apple, Celery, Mayonnaise  Organic Salad Fresh Fruit	Grilled Cheese Sandwiches with Goat Cheese and Provolone  Creamy Tomato Soup  Organic Salad Fresh Fruit	Seafood Gumbo With Salmon, Cod, Onion, Bell Pepper, Celery  Steamed Rice  Organic Salad Fresh Fruit
8	9	10	11	12
Meatless Monday:  Yellow Curry with Tofu and Vegetables  Jasmine Rice  Organic Salad Fresh Fruit	Chicken Tortilla Soup Corn, Monterrey Jack Cheese, Onions  Sour Cream, Lime, High-fiber Tortilla Chips  Organic Salad Fresh Fruit	Fannie's Famous Chinese Cuisine	Grilled Cheese Sandwiches (Goat Cheese and Provolone)  Creamy Tomato Soup  Organic Salad Fresh Fruit	Seafood Gumbo With Salmon, Cod, Onion, Bell Pepper, Celery  Steamed Rice  Organic Salad Fresh Fruit
15	16	17	18	19
Meatless Monday:  Yellow Curry with Tofu and Vegetables  Jasmine Rice  Organic Salad Fresh Fruit	Chicken Tortilla Soup Corn, Monterrey Jack Cheese, Onions  Sour Cream, Lime, High-fiber Tortilla Chips  Organic Salad Fresh Fruit	Chicken Salad Wraps With Apple, Celery, Mayonnaise  Organic Salad Fresh Fruit	Grilled Cheese Sandwiches (Goat Cheese and Provolone)  Creamy Tomato Soup  Organic Salad Fresh Fruit	Seafood Gumbo With Salmon, Cod, Onion, Bell Pepper, Celery  Steamed Rice  Organic Salad Fresh Fruit
22	23	24	25	26
Meatless Monday:  Yellow Curry with Tofu and Vegetables  Jasmine Rice  Organic Salad Fresh Fruit	Chicken Tortilla Soup Corn, Monterrey Jack Cheese, Onions  Sour Cream, Lime, High-fiber Tortilla Chips  Organic Salad Fresh Fruit	Chicken Salad Wraps With Apple, Celery, Mayonnaise  Organic Salad Fresh Fruit	Grilled Cheese Sandwiches (Goat Cheese and Provolone)  Creamy Tomato Soup  Organic Salad Fresh Fruit	Seafood Gumbo With Salmon, Cod, Onion, Bell Pepper, Celery  Steamed Rice  Organic Salad Fresh Fruit
29	30			
Meatless Monday:  Yellow Curry with Tofu and Vegetables  Jasmine Rice  Organic Salad Fresh Fruit	Chicken Tortilla Soup Corn, Monterrey Jack Cheese, Onions  Sour Cream, Lime, High-fiber Tortilla Chips  Organic Salad Fresh Fruit			

