

Greenwood Senior Center Daily Lunch Menu

January 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Jan 5	Jan 6	Jan 7	Jan 8	Jan 9
Broccoli and Swiss Frittata Glazed Carrots Tomato soup & bread Fruit & cookie	Lemon Herb Roasted Chicken Thighs Rice Pilaf Roasted Vegetables Salad & bread Fruit & cookie	Steak Chili With tortilla chips and fresh grated cheddar Salad & bread Fruit & cookie	Chicken Meatballs Spaghetti Marinara Broccoli Salad & bread Fruit & cookie	Baked Salmon Piccata Toasted Almond Orzo Greek tomato soup & bread Side Vegetable Fruit & cookie
Jan 12	Jan 13	Jan 14	Jan 15	Jan 16
Butternut Squash Risotto Roasted veg Salad and bread Fruit dessert	Chicken Frittata Roasted potatoes Side Vegetable Salad & bread Fruit & cookie	Beef Pot Roast Stewed Potatoes & Vegetables Pearl Barley Salad and Bread Fruit & cookie	Grilled Ham & Cheese Sandwich Tomato soup, Salad, & bread Fruit crumble	Chicken & Dumplings Mixed Vegetable Salad and bread Fruit crumble
Jan 19	Jan 20	Jan 21	Jan 22	Jan 23
MLK Jr. Day GSC Closed	Beef Enchilada Lasagna Veg soup & bread Roasted Corn and Tomatoes Fruit cobbler	Chicken and veg Pot Pie Salad and bread Fruit cobbler	Beef Meatloaf Mixed vegetable Mashed potatoes with chicken gravy Salad and bread Fresh fruit and cookie	Roasted Salmon Sauteed broccoli Rice pilaf Carrot soup and bread Fresh fruit and cookie
Jan 26	Jan 27	Jan 28	Jan 29	Jan 30
Creamy minestrone soup with veggies and beans Salad and bread Fruit dessert	Chicken tacos Chips and salsa Spanish tomato soup and bread Fruit dessert	Beef cabbage rolls stewed tomatoes and green beans Salad and bread Fresh fruit and cookie	Midwest BBQ Pork Cole slaw Baked beans Tomato salad Cornbread Apple crisp	Seafood Gumbo with rice Salad and cornbread Fruit salad and cookie

*Including daily soup or salad, fresh roll or sliced bread, fruit, & dessert.
Please sign up for lunch by 11am each day.*