



# Greenwood Senior Center Memory Loss Programs

## June 2026

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
31	1 ESML Participant Support Group <i>In-Person</i> ----- Song Circle	2  Zoo Walk	3  NO ESML Brain Games	4  Zoo Walk ----- Gathering Place	5  Community Klatch ----- Memory Café <i>In-Person (SJU)</i> 2:30-4:00pm	6
7	8 ESML Community Service & Lunch <i>In-Person</i> 11-12:45pm ----- Song Circle	9  Zoo Walk ----- Re-Ignite the Mind Improv W/ Taproot <i>In-Person</i> 12:45-1:45PM	10  Living Independently w/ Memory Loss Dx <i>Online</i> 10:30-11:30am ----- Art Appreciation Online 1-2pm	11  Zoo Walk ----- Gathering Place	12  Community Klatch ----- Memory Café <i>In-Person (SJU)</i> 2:30-4:00pm	13
14	15 ESML Participant Support Group <i>Online</i> 10:30-12pm ----- Song Circle	16  Zoo Walk	17 ESML Brain Games <i>Online</i> 1-2pm ----- Dementia Resource Fair <i>In-Person</i> 2-4pm	18  Zoo Walk ----- Gathering Place	19  <b>*No Community Klatch*</b> ----- <b>NO Memory Café</b>	20
21	22  Song Circle	23  <b>NO Zoo Walk</b>	24  Art Appreciation <i>Online</i> 1-2pm	25  <b>NO Zoo Walk</b> ----- Gathering Place	26  <b>*No Community Klatch*</b> ----- <b>NO Memory Café</b>	27
28	29  Song Circle	30  <b>NO Zoo Walk</b>	July 1  ESML Brain Games <i>Online</i> 1-2pm	2  <b>NO Zoo Walk</b> ----- Gathering Place	3  <b>NO Programs</b>  GSC CLOSED  4 <sup>th</sup> OF JULY OBSERVANCE	4

Email [erikac@phinneycenter.org](mailto:erikac@phinneycenter.org) to sign up for any of these programs.



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## Program Descriptions

**Dementia Resource Fair (in-person):** Come browse and speak with vendors to see how they can support those living with dementia and care partners. Vendors will include social enrichment programs, adult day programs, senior housing advisors, and geriatric care managers, among others! To register, call (206) 297-0875.

**ESML Community Service (in-person):** Join others in working on service projects for community partners. Participation is free; lunch is a \$5 donation. *RSVP by the Thursday before to Kristen Oshyn – call or email for details at (206) 297-0875 ext 133 or [kristeno@phinneycenter.org](mailto:kristeno@phinneycenter.org)*

**All Present Song Circle (in-person):** Hear some great musicians and sing familiar standards, folk songs, and songs from musicals. Song sheets will be provided. We encourage GSC members who love to sing as well as the entire memory loss community to join us for this musical hour. Pre-paid cost per session: \$5 (members)/\$7 (public); Walk-in: \$7 (all) *Call the Center at (206) 297-0875 to sign up.*

**ESML Brain Games(online):** Come play games and exercises designed to support your cognitive health. This is designed for those with Mild Cognitive Impairment and Early-Stage Memory Loss. Participation is free. For more info, email [erikac@phinneycenter.org](mailto:erikac@phinneycenter.org)

**Art Appreciation (online):** Take the time to view, describe and discuss classic and contemporary works of art. This is designed for those with Mild Cognitive Impairment and Early-Stage Memory Loss. Participation is free. For more info, email [erikac@phinneycenter.org](mailto:erikac@phinneycenter.org)

**Gathering Place (in-person):** The Gathering Place is a weekly enrichment program for people living with Mild Cognitive Impairment and Early-Stage Memory Loss. This program focuses on cognitive stimulation, cultural enrichment, social engagement, and anti-stigma advocacy. \$50 in-person, sliding scale available. No drop-ins. *Screening with Kristen Oshyn is required for participation – email [kristeno@phinneycenter.org](mailto:kristeno@phinneycenter.org)*

**ESML Participant Support Group (online & in-person):** For those diagnosed with early-stage memory loss. Support group discusses coping, communication and other areas of concern. *Screening with Kristen Oshyn is required before participation – email [kristeno@phinneycenter.org](mailto:kristeno@phinneycenter.org)*

**Zoo Walks (in-person):** Join others living with memory loss and their care partners for a weekly walk through the Woodland Park Zoo and socializing at the cafe. *Screening with Kristen Oshyn is required before participation – email [kristeno@phinneycenter.org](mailto:kristeno@phinneycenter.org)*

**Memory Café (in-person @ Phinney Center):** Opportunity for people with early and mid-stage memory loss and their care partners to engage in music, movement, brain games, and socializing. Participants who wander or need toileting assistance must be accompanied by a care partner. Participation is free. **Will meet at St John's United Lutheran Church, 5515 Phinney Ave N, Seattle, WA 98103.** Parking Available. For more info, email [erikac@phinneycenter.org](mailto:erikac@phinneycenter.org)

**Community Klatch (in-person @ Phinney Center):** A pilot program geared towards community members living with mid-stage memory loss. A small gathering for social engagement and activities that meet participants' current abilities. No drop-ins. \$175/quarter; sliding scale available. Screening and registration required. More information contact Erika Campbell at [erikac@phinneycenter.org](mailto:erikac@phinneycenter.org)

**Re-ignite the Mind with Taproot Theatre (in-person):** Improv students engage fully in the present moment. There is no memory requirement, just the delight of participating in a creative experience that releases the imagination while giving a sense of accomplishment, self-confidence and social enrichment. Cost: \$10/session **To Register:** Email [reignite@taproottheatre.org](mailto:reignite@taproottheatre.org)

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