



Greenwood Senior Center Caregiver Programs July 2026

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
28	29	30	1 Advanced Spousal Group <i>Online</i> 1-2:30pm	2	3 GSC CLOSED 4th of July Observance	4
5	6	7	8	9	10	11
12	13	14 ESML Spousal Group A <i>Online</i> 10:30-12pm ESML Spousal Group B <i>Online</i> 1-2:30pm	15	16	17	18
19	20	21	22	23	24	25
26	27 Dementia Caregiver Group <i>In-Person</i> 10:30-12pm	28 Mid-Stage Spousal Group <i>Online</i> 10:30-12pm	29	30	31	

Email kristeno@phinneycenter.org to sign up for any of these programs.



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Program Descriptions

Early-Stage Memory Loss Spousal Support Group (Online): Support group for spouses whose partners are living with Mild Cognitive Impairment to early-stage memory loss, including early-stage Alzheimer's. This group provides a space for participants to bring their questions, concerns and frustrations to the group; and to hear from and support others. These may include, but are not limited to, sharing a diagnosis with others, driving, safety, navigating changing relationships and responsibilities, among others.

Mid-Stage Memory Loss Spousal Support Group (Online): Support group for spouses whose partners are living with Mild Cognitive Impairment to early-stage memory loss, including early-stage Alzheimer's. This group provides a space for participants to bring their questions, concerns and frustrations to the group; and to hear from and support others. These may include, but are not limited to, talking about engaging partners as their dementia progresses, incontinence, changing safety concerns, and continuing to navigate changing relationships and responsibilities, among others.

Advanced Dementia Spousal Support Group (Online): Support group for spouses whose partners living with dementia have moved into a care facility. This group provides a space for participants to bring their questions, concerns and frustrations to the group; and to hear from and support others. These may include, but are not limited to, the challenges of coordinating care, advocating for partners, considering level of care intervention, and adjusting to living without their partners in their homes.

Dementia Caregiver Support Group (In-Person): Support group for anyone who is a caregiver for someone living with any stage of dementia. This group provides a space for participants to bring their questions, concerns, frustrations to the group; and to hear from and support others. RSVP kristeno@phinneycenter.org

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