

Greenwood Senior Center Memory Loss Caregiver Programs

August 2026

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
July 26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	ESML Spousal Group A <i>Online</i> 10:30-12pm ESML Spousal Group B <i>Online</i> 1-2:30pm	Advanced Spousal Group <i>Online</i> 1-2:30pm	13	14	15
16	17	18	19	20	21	22
23	Dementia Caregiver Group <i>In-Person</i> 10:30-12pm End-of-Life Planning & Dementia Presentation <i>In-Person</i> 2:30-4pm	Mid-Stage Spousal Group <i>Online</i> 10:30-12pm	26	27	28	29
30	31	September 1	2	3	4	5

Email erikac@phinneycenter.org to sign up for any of these programs.

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End of Life Planning & Dementia with Known Wishes: It is important to understand what end-of-life choices can be made in advance of the onset of dementia and losing the capacity to make decisions. It's also important to give direction as to what measures a person does or does not want to extend their life as their quality of life and cognitive ability declines. Join us for a presentation and Q&A. To register, email

kristeno@phinneycenter.org

Early-Stage Memory Loss Spousal Support Group (Online): Support group for spouses whose partners are living with Mild Cognitive Impairment to early-stage memory loss, including early-stage Alzheimer's. This group provides a space for participants to bring their questions, concerns and frustrations to the group; and to hear from and support others. These may include, but are not limited to, sharing a diagnosis with others, driving, safety, navigating changing relationships and responsibilities, among others.

Mid-Stage Memory Loss Spousal Support Group (Online): Support group for spouses whose partners are living with Mild Cognitive Impairment to early-stage memory loss, including early-stage Alzheimer's. This group provides a space for participants to bring their questions, concerns and frustrations to the group; and to hear from and support others. These may include, but are not limited to, talking about engaging partners as their dementia progresses, incontinence, changing safety concerns, and continuing to navigate changing relationships and responsibilities, among others.

Advanced Dementia Spousal Support Group (Online): Support group for spouses whose partners living with dementia have moved into a care facility. This group provides a space for participants to bring their questions, concerns and frustrations to the group; and to hear from and support others. These may include, but are not limited to, the challenges of coordinating care, advocating for partners, considering level of care intervention, and adjusting to living without their partners in their homes.

Dementia Caregiver Support Group (In-Person): Support group for anyone who is a caregiver for someone living with any stage of dementia. This group provides a space for participants to bring their questions, concerns, frustrations to the group; and to hear from and support others. RSVP kristeno@phinneycenter.org

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