



Greenwood
Senior Center

August 2026

(206) 297-0875

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Veggie Cheese Quesadilla Tomato Soup	Chicken Salad Sandwich	Beef/Pork Burger Summer Tomatoes Potato salad	Roasted Salmon Rice & Salad	BBQ Chicken Mac & Cheese Cole Slaw
10	11	12	13	14
Veggie Frittata Potatoes Spinach Salad	Pasta & Meatballs Caesar Scratch Rolls	Spanish Chicken Salad	Ham Sloppy Joes Cole Slaw Fries	Beef Cabbage Rolls Ratatouille
17	18	19	20	21
Falafel Platter Tabbouleh Hummus & more.	Salmon Patties White Ragu Roasted Asparagus	Fried rice BBQ Pork Sauteed Veg.	Beef Burritos Rice & Beans Slaw & Pico	Crusted Chicken Sandwich Potatoes & Slaw
24	25	26	27	28
Glazed Tofu Red bean Rice Sauteed Veg.	Ham and Beans Peas & Carrots Corn Pudding	Braised Beef Sliders Roasted Potatoes	Chicken Dumplings Broccoli salad	Baked Fish Jambalaya Rice & veg
31				
Chef's Buffet Veggie options		Sign up before 11 a.m.	Lunch Bell At Noon.	Please Call To Cancel.