



Greenwood
Senior Center

September 2026

(206) 297-0875

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Vegetable Beef And Barley Salad	Grilled Chicken Breast Veggie Rice	Ham, Broccoli, and Cheddar Frittata Tomato Soup	Baked Salmon Tomato Polenta Roast Veg.
7	8	9	10	11
Labor Day Closed	Chicken and Swiss Burgers Oven Fries	Meatloaf, mash & gravy	Fish Tacos Rice and Veg. Slaw	Chicken and Apple Sausage Pasta
14	15	16	17	18
Veggie & Bean Risotto	Pulled Pork Sliders & Slaw Potato salad	Baked Salmon Rice and Veggie	Chicken and Veg Curry w/rice	Beef and Cheddar Burgers Oven Fries
21	22	23	24	25
Tofu & Veg. Wrap Mix Bean Salad	Salmon Chowder Caesar salad	Shrimp fried rice Roast Pork Sauteed veg.	Beef Stroganoff Green Salad	Chicken Salad Wrap & Soup
28	29	30		
Veggie Burrito Rice, beans, slaw	Chicken Piccata Mashed potatoes Roasted veg.	Chef's Buffet	Sign Up Before 11 am. Lunch Bell At Noon.	Please Call To Reserve Or Cancel. (206)297-0875