PNA Community Begins Here | Greenwood Senior Center

November 2026

(206) 297-0875

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	**3**	**4**	**5**	**6**
Falafel, Hummus, & Veggie Wraps. Greek Lentil Soup	Hot Turkey Sandwich Oven Fries Slaw	Fish tacos Rice, Beans, Slaw Chips and Pico	Meatloaf & Mash Glazed Carrots Homemade Bread	Chicken Pot Pie Salad and Rolls
9	**10**	**11**	**12**	**13**
Tofu Yellow Curry Rice & Salad	Baked Black Cod Wild Rice Pilaf Ratatouille	Sweet and Sour Spareribs Veggie Eggrolls Fried Rice Sauteed Veggies	Pulled Pork Sliders Baked Beans Mac Salad Cole Slaw	Beef Burgers Oven Fries Cucumber Salad
16	**17**	**18**	**19**	**20**
Roasted Veggie & Spinach Risotto	Chicken Andouille Pasta Salad and Rolls	Ham and Beans Peas & Carrots Homemade Bread	Braised beef Sandwich. Vegetable Barley Soup	Thanksgiving Dinner Greenwood Room.
23	**24**	**25**	**26**	**27**
Veggie Tacos Beans, Rice, Pico & Slaw	Beef Cabbage Rolls Ratatouille Homemade Bread	Seafood Gumbo Rice & Salad	Closed	Closed
30				

Chef's Buffet Vegetarian and Meat Options	Please Call To Reserve Or Cancel. (206)297-0875	Sign Up Before 11 am. Lunch Bell At Noon.	Dessert Specials Or Fruit and Treat Daily!	Vegetarian Meals & Substitutions May be Available Upon Request.